## Careers in Clinical Science

Bioscience Careers day – 26<sup>th</sup> October 2019 Azara Janmohamed

## Outline

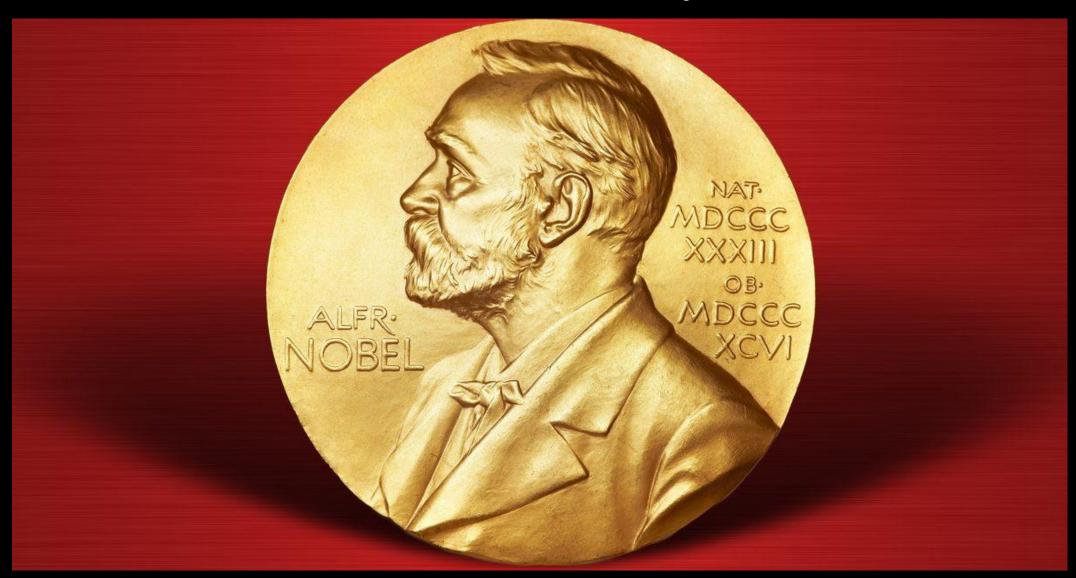
- My experience
- Working as a scientist
- Working as a medic
- Questions



# Big dreams and ideas from "South B"

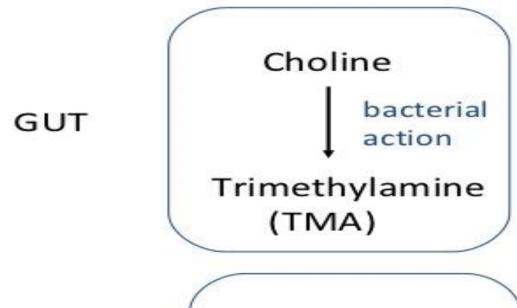


# Before I started my PhD

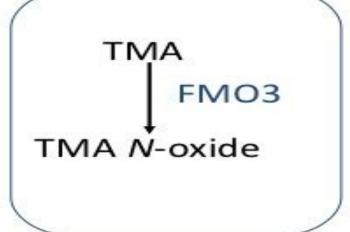


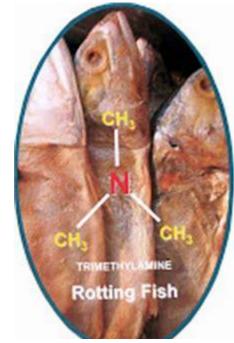
#### Trimethylaminuria

#### FMO3 and trimethylaminuria



**LIVER** 





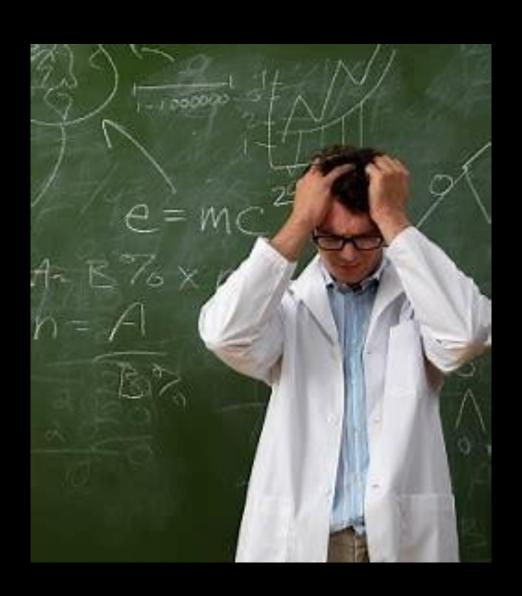
XFMO3 trimethylaminuria

## Scientists





### Most of the time



# Medicine

HOUSE

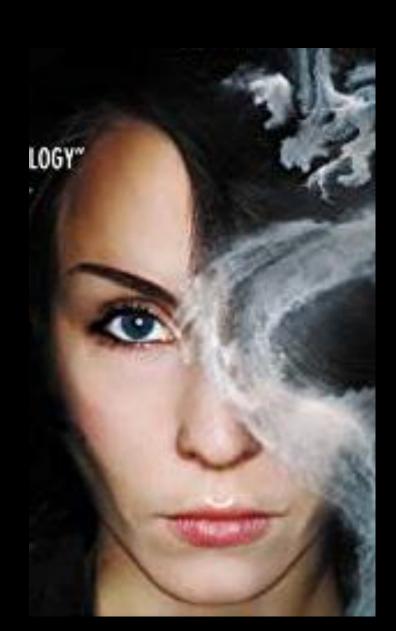




## The Reality

- Hard work
- Early starts
- Shift patterns
- Keeping up to date constantly learning
- Working with lots of different people
- NO DAY IS THE SAME!!!!

## Not all detective are the same





#### Skills – clinician

- Talking to people
- Willing to learn
- Working hard
- Admitting you are wrong
- Taking advice and speaking to people
- Understanding that you will never know everything
- Learning from mistakes

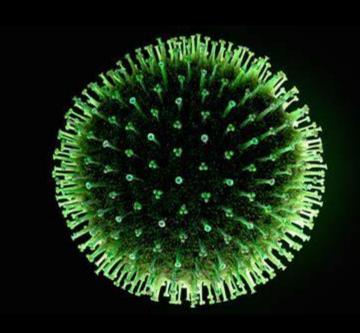
#### The rare and usual

- 42 year old woman
- Normally fit and well
- Attended the hospital x2 tummy pain
- Discharged and then came in again
- Low haemoglobin, appearances of the blood film
- Putting it altogether
- Lead poisoning
  - Ayurvedic medication



### Barn door

- 26 year old man came into the Emergency Department
- Muscle aches, pain
- Temperature 39
- Runny nose
- Rash
- Admitted Found to have
  - FLU



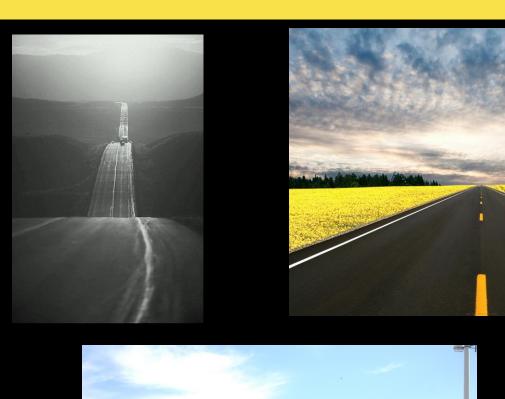
#### Clinical pharmacologist



- Impression WHAT?
- We just don't throw tablets at people
- Best care for the patient
- Best tablets slowly moving to genetics to help
- Research
- On the ground work
- Constant patient contact and contact with learners all levels



### Paths – rarely a simple route











#### Rewards

- Fulfilling career
- Most people think we are paid too little for what we do.
- Meet all sorts
- Never boring
- Can lead to other things PhD, Msc.
- You don't have to be a hospital doctor and not all doctors are GPs

## Closing thoughts

- Think about it
- It's long training
- But it's the best job ever
- You will never be unemployed
- You will meet all sorts of people!

