12-17 points Neither type

Neither a morning lark or a night owl, you're somewhere in the middle. The best of both worlds. CHOOSE TWO STICKERS!

18-21 points moderately morning CHAFFINCH

Mornings are your thing. You're out of bed early and greet the new day with a smile.

8-11 points moderately evening NIGHT-JAR

You're no stranger to burning the midnight oil and love a late night. But mornings are a struggle!

22-25 points definitely morning LARK

You are the ultimate early bird, but you pay for it in the evening when you nod off early



4-7 points definitely evening LONG-EARED OWL

Early starts fill you with dread, but no one can power through the night like you.

Bird body clock!



